James City County Citizen Corps Council Organizational Basics Workshop Schedule

May 2010

Stan Rockwell, PsyD, LPC Solutions and Services http://stanrockwell.com/jccems.html



Morning

Meeting Basics

Introductions, Overview, and Establish Goals for Today	8:00 AM
Group Exercise - Creativity	8:15
Why Do We Have Meetings	8:20
The Best Meetings	8:40
Group/Team Functioning in a Meeting	8:50
Dynamics of a group/team	
 Characteristics of a poorly functioning team 	
Characteristics of a well-functioning team	
Outcomes and Dashboard	
What Is Expected in Citizen Corps Council Meetings	9:40
Break	10:00

Strategic Planning

Negotiation	10:15
What Is Strategic Planning? Why Do It?	10:20
Start With An Inventory	10:30
Values, Vision, and Mission	10:40
Measurable Goals and Objectives and Measurable Outcomes	10:50
Develop a Strategic Plan for the JCC Citizen Corps Council	11:00
Morning Wrap-up	11:55

<u>Lunch</u> – Noon to 1:10 PM

<u>Afternoon</u>

Volunteers

Why Do We Need Volunteers?	1:15 PM
Ground Work Before You Recruit	1:20
Where To Look for Volunteers	1:40
The Hiring Process	1:50
Retaining and Mentoring Volunteers	2:15
Outcomes	2:30
Dealing With Problem Volunteers	2:45
Break	3:00

Disaster Behavioral Health

Warm-up and Grounding	3:15
Before the Disaster	3:25
Take care of you	
Practice	
During the Disaster	3:45
What to look for	
What to do	
After the Disaster	4:15
What to look for	
Being respectful of how people cope	
The behavior pool for dealing with distress	
Wrap-up and Review of the Goals from the Start of the Day	4:45
End	5:00